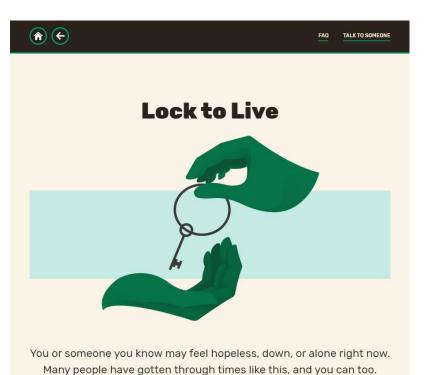
Lock to Live: Safer Homes for Suicide Prevention

What is it?

Lock to Live (http://lock2live.org) is an online tool designed to help people make decisions about storage of firearms, medications, and other potentially harmful items. The tool guides a person through questions about storage factors and personal preferences. It then displays options for storage, including logistical considerations for each (like cost and legal issues). Stories exemplifying different choices help people think about what will work best for them.



Who is it for?

Lock to Live was designed for adults at

risk of suicide and for their family members. Healthcare providers, counselors, or others could also use it with someone at risk of suicide.



What does it cover?

Lock to Live covers firearms and medications in detail through separate modules. It also provides information about reducing access to sharp objects and other household items that could be used in a suicide attempt.

You don't have to do this alone.



G

SCHOOL OF MEDICINE Department of Emergency Medicine UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS http://patientcenteredinjuryprevention.org marian.betz@cuanschutz.edu Supported by the National Institutes of Health (NIH/NIMH (R34MH113539)

Lock to Live: Safer Homes for Suicide Prevention

How do I use it?

You'll find it at **http://lock2live.org**. It's free and anonymous. You can use it alone or with someone else. Lock2Live does not store any information.

How was it developed?

Lock2Live was developed using feedback from community stakeholders including adults with personal or family experience with suicide, healthcare providers, firearm owners and enthusiasts, and suicide prevention experts.

(Betz ME, Knoepke CE, Siry B, et al. 'Lock to Live': development of a firearm storage decision aid to enhance lethal means counselling and prevent suicide. Inj Prev 2018.)

Has it been tested?

In a pilot study at three emergency departments, participants (suicidal adults) really liked the tool. Almost all participants said they would recommend it to others. The tool is currently being tested in a larger study to see if changes to home access to firearms or medications are made.

You have selected the following options as your next steps for safer home storage.			
	Your Selected Firearm Storag	ge Options	
+	Family, Friend, or Neighbor Read More	(FREE)	
+	Lock Box Read More	(\$)	
+	Review and Edit All Firearm Storage Options View Options		
	Your Selected Medication Stora	age Options	
+	Locked Up at Home Read More		
+	Review and Edit All Medication Storage Options Vew Options		
	or your doctor/therapist may be able to help yo rking through this is hard. The work you did Finish and Print	Ū	

Even small changes in how you store dangerous household items can make a big difference.



View decision aid at: Lock2Live.org



SCHOOL OF MEDICINE Department of Emergency Medicine UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS http://patientcenteredinjuryprevention.org marian.betz@cuanschutz.edu Supported by the National Institutes of Health (NIH/NIMH (R34MH113539)