

# Introducing Lock2Live.org

## A guide for providers



- Online anonymous decision tool to support patients at risk for suicide
- Resources for temporary storage of firearms and other dangerous household items

## Patients offered suggestions for using Lock2Live.org:



### Have an open conversation

How you introduce Lock2Live matters. Patients were more willing to listen and try a tool if a provider took the time to **connect**, showed **compassion** for people's unique experiences, and showed **respect for autonomy**.

*"I think it's important to just take a breath, sit down with them, look them in the eye - how can I help you? What's going on? How are you feeling?"*



### Validate their situation

**Normalize their experience** by sharing how common suicidal thoughts are and **be nonjudgmental** in your approach; people having a wide variety of gun beliefs.

*"So bringing it up more as like – not we're taking it [firearm] away from you, but letting you decide what to do with it....I'm more keen to follow somebody who's like 'I'm offering you the opportunity to maybe do this together,' instead of 'I'm watching out for you.'"*



### Share what to expect

**Describe the tool:** what it does and how long it takes. **Address privacy** and how information is stored if they visit the website. Assure them that L2L is anonymous.

*"Explain what it does, how it's going to work and how private it is, that nobody can get into your data."*



### Make it accessible and memorable

Have **multiple routes** for sharing the website and sending reminders (in person, secure message, after visit summary, website, pamphlet).

*"Maybe the first time have the provider show me. If I'm suicidal, I'm probably not going to be... looking for things on my own."*



### Walk through the tool

Patients said a website **walk-through** was useful. Many felt a **trusted provider showing them** was necessary, in order to overcome the barrier of trying something new, especially if already depressed.

## Training resource:

- [Clinical Strategies](#) for reducing firearm injury and death (sponsored by UC Davis)