

now
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YOUTH IN ACTION

Join Our Weekly Leadership Meetings

*You've been through hard things. That matters here.
Join other teens turning lived experience into leadership,
growth, and real-world opportunities.*

Why join?

Turn emotions into direction

Learn how to manage emotions so they don't run the show & use what you learn to support others. Built for teens, by teens.

Learn, grow, and share

Build coping skills for tough moments & share your story to help others.

Build your future

Gain skills and experiences for your resume or college application — stuff that actually stands out.

Lead and make an impact

Create content, support peers, and make a real impact.

Find your people

Connect with teens across the U.S. who get it.

Details

Your voice matters!
Youth in Action hosts weekly teen-led skills meetings

**Every Wednesday
@5pm PT/7pm CT/9pm ET**

- Free & Fun!
- 1-hour
- Ages 13-18
- Not therapy or medical treatment

Interested? Want more info?

Email sarah@nowmattersnow.org

*NowMattersNow.org is a
501(c)(3) non-profit developed
by those with lived experience*